

*10th Annual Women's Day of Renewal*  
*Saturday, March 13, 2010*



*Encouraged in Heart*  
*United in Love*  
*Colossians 2:2-3*

**KEYNOTE SPEAKER: Mary Hilgendorf**

Dr. Mary Hilgendorf serves as Professor of Education and Ambassador for the Women's Leadership Institute at Concordia University Wisconsin. She holds bachelor's and master's degrees in education from Concordia University at Seward, Nebraska, and received her Ph.D. in Educational Foundations from Marquette University, Milwaukee, Wisconsin. Prior to accepting the call to Concordia in 1992, Mary taught in Lutheran schools in Arkansas, Florida, and Wisconsin.

Mary gives presentations and leads Bible studies for women's groups throughout the country to encourage and equip women for Christian leadership. Her presentations are lively, humorous, and thought-provoking with a sound Biblical message and foundation. Mary grew up in Chester, Illinois, and she still thinks of Southern Illinois as home.



**KEYNOTE ADDRESS: Encouraged in Heart and United in Love**

The 21<sup>st</sup> Century is being called "The Century of Women," which offers amazing opportunities and challenges for women. How will women use their personal gifts to influence others for Christ and share their talents in God-pleasing ways that support others, especially women, in God's Kingdom in the 21st Century? In these uncertain times, where will women turn for advice and counsel? Scripture is full of answers from women who also lived in uncertain times and looked to God for eternal life-changing answers.

*"My purpose is that they may be **encouraged in heart and united in love** in order that they may know the mystery of God, namely, Christ, in whom are hidden all the treasures of wisdom and knowledge." Colossians 2: 2 & 3*

**FRIDAY EVENING CELEBRATION with Phyllis Wallace**

We are celebrating, thanking and praising God for the 10th Anniversary of the Women's Day of Renewal by hosting the **WDR 10th Anniversary Tea Party**. The party will be held on Friday, March 12th from 7-9 PM at Good Shepherd Lutheran Church. Through very generous donations, this pre-WDR evening celebration is being offered for the minimal cost of \$5.00 per person. Phyllis Wallace, nationally syndicated radio host of the "Woman to Woman" show will present,

**"You Are a Designer Original!"**

*You are the only "YOU" God will ever make. As Craig McNair Wilson says, "If you don't DO YOU, you won't get done!" Enjoy being a girl. Discover your uniqueness and how it empowers you to go through doors onto the runway of life with pizzazz, purpose and passion! Come to the Tea Party and take-away deepened friendships, giggles to go, party favors and a personal Design Moment with your Designer! Come for Tea, Darling, and find your "LOOK!" ~Phyllis*

**Where:** Good Shepherd Lutheran Church, 1300 Beltline Road, Collinsville, Illinois 62234

**How to Register:** Complete the registration form. (Print additional registration forms by visiting the church web site at [www.goodshepherdcollinsville.org](http://www.goodshepherdcollinsville.org).)

**Your Workshops:** From the back of this brochure, choose four (4) workshops that interest you. On the registration form, list your choices in the order of your preference. You will only be assigned two (2) to attend.

**Registration Fees:** *All activities are optional! Attend Friday Night or Saturday; or come to BOTH!*  
TO BE OFFICIALLY REGISTERED, a check must accompany your registration form.

**Friday Evening:** -\$5.00

**Saturday:** -If postmarked by December 31<sup>st</sup> - \$25.00  
-If postmarked by January 1 thru February 28, 2010 - \$30.00  
-If postmarked after February 28<sup>th</sup> - \$35.00

**-Breakfast & Lunch:** Continental breakfast and a catered lunch are included.

**Times:** -Friday Evening: 7:00 pm to 9:00 pm  
-Saturday: Continental breakfast opens at 7:45 am; the KeyNote Speakers begins at 9:00 am.  
The day will close at 3:30 pm.

**Questions:** Call the church office at (618) 344-3151

# Workshops (Choose 4 in order of preference / we will assign you 2.)

## 1. Do You Need A New Latitude, Or... A New Attitude?

When the world's challenges get me down and I start to grumble that I need a vacation, my husband tells me that maybe what I need is NOT a new latitude, but a new attitude! I hate it when he's right. Paul challenges our attitude in Philippians 2:5, "Your attitude should be the same as that of Christ Jesus..." If you feel that you can use some improvement in your attitude toward your job, your husband, your children, your friends or maybe just life in general, then join us as we explore the many tools scripture gives us to have an attitude more like Jesus.

*(Presented by Pat Schwieder)*

## 2. The Gospel and Country Music

This Bible study will explore some of the popular Christian themes (both good and bad) found in country and bluegrass music. Participants will see how country music can be used to talk about the Gospel with others. We will be studying Bible verses, listening to music and singing! *(Presented by Pastor Michael and Carol Walther)*

## 3. Why Jesus Can't Stand Male Chauvinists

The mistreatment of women by men has existed since the fall into sin. Come find out how Jesus Christ blows this wrong mentality out of the water in His teachings and treatment of His female followers both in His time and today.

*(Presented by Pastor Paul Hemenway)*

## 4. "All Things Bright and Beautiful!"

Basic flower arranging will be demonstrated. You will learn by doing and will have a self-made arrangement to take home and share with your family. Please bring a sharp paring knife with you. A \$5.00 fee is needed to cover the flowers and other supplies. The additional cost of \$5.00 is due at the workshop. *(Presented by Mary Ann Brelje)*

## 5. The Fast Track to Successful Prayer

Have you prayed about a persistent health, habit, relationship, or financial problem with no success? Garth Brooks sings, "I thank God for unanswered prayers," but not all our unanswered prayers are a blessing. Join Dr. Melanie Wilson for a Bible study that reveals the roots of ineffective prayer and outlines strategies for enjoying more of the power of God in our daily lives. *(Presented by Melanie Wilson, Ph.D.)*

## 6. Created to Live

This is an interactive, action-packed presentation covering powerful principles that will cause you to never look at your life and health the same way ever again. As a society we find ourselves plagued with cancer, heart disease, diabetes, depression, fatigue, weight issues, and the list goes on. It is time we start working with God's design and not against it. We will explore a health plan based on the Bible and proven by science.

*(Presented by Dr. Matt Uchtman, B.Sc., D.C., C.C.W.P.)*

## 7. You've Got Purse-onality!

It's almost spring and time to bring out all your fresh and fun accessories that fit the fresh and growing joy of the season. In Jesus, we "have taken off our old selves and have put on the new self, which is being renewed in the knowledge and image of its Creator" (Colossians 3:9-10). Join us for a special trunk show featuring our Creator's spring line of the finest purses for today's Christian woman. Discover how each featured handbag is designed to enhance every personality to the glory of God. Rejoice in the truth that God always equips you in perfect fashion so you can love and serve Him. For a special "show and tell" activity in this workshop, please bring a purse that is meaningful to you.

*(Presented by Diane J. Grebing)*

## 8. Café Amor: Serving a Rich Blend of Mother-Daughter Relationships

Have you had your daily cup of love? Mothers and Daughters are each so uniquely flavored it is often difficult to find a blend that will make us rich in grace and love. This mother-daughter duo seeks to encourage moms and daughters how to work on their relationship at any stage. Hear from them about their personal story, receive ideas and resources, take a quiz to find out your coffee blend, and share in scripture readings and discussion to help you grow closer to your mom, your daughter, or even someone you mentor. Here at Café Amor, it's our mission to keep your cup full!

*(Presented by Jaime Brinkman and Karen Lange)*

## 9. Using Your Gifts to Reach Out to Others in Faith 2010

Participants will use their gifts to help others through mission projects. We will work on several mission projects through which we will use our God-given gifts to serve others. Come join us in this service of reaching out to others in faith. *(Presented by Kathaleen Hanke)*

## 10. Recipe for Joy

From children who won't listen, to spouses who argue, to serious illness and even the death of a loved one, trials are a daily part of Christian living. Learn what purpose trials serve in our lives and one Christian woman's way of coping with them. *(Presented by Pam Meister)*

## 11. Be an Elizabeth: Women Mentoring Girls, Get Involved!

Scripture is full of rich stories that teach women how to walk with our younger sisters in faith. From Ruth and Naomi to Elizabeth and Mary, we see a "how to" when it comes to how best to mentor and support each other. Discover practical ways to get involved today in the lives of young women in your congregation and community.

*(Presented by Gretchen Jameson)*

## 12. "Love You Much!" Embellished Paper Photo Album

You'll flip over making this 6" x 6" multi-page photo album. It will hold lots of pictures (bring 15-20 pictures). The additional supply cost of \$5.00 is due at the workshop. *(Presented by Susan Kober)*

(Print this page)

# 10th Annual Women's Day of Renewal - Registration Form

Please register by February 28, 2010

**Mail to:** Good Shepherd Lutheran Church, 1300 Beltline Road, Collinsville, IL 62234

NAME: \_\_\_\_\_ ADDRESS: \_\_\_\_\_

\_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE \_\_\_\_\_ E-Mail: \_\_\_\_\_

**Workshop Preference:** List (4) in order of preference; you will only be assigned (2) to attend. \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

## Registration Fee(s)

- \_\_\_\_ Friday Night Tea Party: \$5.00 enclosed
- \_\_\_\_ Saturday Event, postmarked by December 31<sup>st</sup>: \$25.00 enclosed
- \_\_\_\_ Saturday Event, postmarked January 1<sup>st</sup> thru February 28<sup>th</sup>: \$30 enclosed
- \_\_\_\_ Saturday Event, postmarked after February 28<sup>th</sup>: \$35.00 enclosed

Send this form along with your check made payable to Good Shepherd Lutheran Church OR drop in designated box in the church narthex.

## OFFICE USE ONLY

Date \_\_\_\_\_

Cash / Check # \_\_\_\_\_

Amount \_\_\_\_\_